

9 Years!

# Midnight Walk 2017

Salisbury Hospice Charity

Making a difference, step by step

## P: Piggy Challenge

At Salisbury Hospice Charity, we have lots of piggy banks to fill with 5ps. Get in contact with us, and we can send you your own piggy to get filled with 5ps as part of your fundraising.

## Q: Quiz

If your local doesn't run a pub quiz, set one up. Test the regulars on pop, trivia or sport.

## R: Raffle

Ask local firms to donate prizes and sell tickets for your own raffle.

## S: Swearbox

If you have a potty mouth then add a swear box to your home or office. Put in a £1 every time you slip up, and cleanse yourself of naughty words.

## T: Three Legged Race

Team up with a friend and challenge other pairs to a three legged race. To make it more fun, why not do it in fancy dress too? Each team pays to play.

## U: Underwear as Outerwear

Now we don't want anybody running through town naked, but maybe ask sponsors to donate for you to wear your pants outside your trousers, or on your head for the afternoon. Maybe even the whole day if you're feeling brave!

## V: Valet service for cars

Sponges and polish at the ready! Collect donations by giving friends, family and neighbour's cars a clean.

## W: Waxing

A hair-raising experience for the boys! Get sponsored to wax your legs or chest.

## X: X Factor Night

Let your hair down, and loosen up! Get your friends round to enjoy a night of pretending you're a star on The X Factor. Get your best voice ready, and let the competition begin.

## Y: Yogathon

Peacefully raise funds for your challenge. Get your friends together, also and meditate your way through the day.

## Z: Zumbathon

Work up a crazy sweat at a Zumbathon. Local leisure centres run these events, or if you can't find a local event, set one up of your own!

## A: Afternoon Tea

Put the kettle on and get baking! Invite your friends over for tea, and ask them to donate the cost of tea and cake.

## B: Beat the Goalie

Hold a back garden competition for your friends. Footballers pay to play and if you score a goal then you win a small prize.

## C: Cold Turkey

For the Grown Ups. Go cold turkey in the couple of weeks before the Midnight Walk and get your friends to sponsor you. Think of all those health benefits!

## D: Darts Competition

Gather your friends and family for a darts competition at your local. Pay per entry and the winner gets a drink!

## E: Eating Marathon

Be like Bruce Bogtrotter and get sponsored to stuff your face. See how much chocolate cake/beans etc you can eat in 30 minutes.

## F: Fancy Dress Party

Hold a party for all your friends and family, invite them all to donate and dress up in their best fancy dress.

## G: Garage Sale

Having a spring clean? Sell your unwanted things at a garage/car boot sale and donate the profits to your challenge.

## H: Head Shave

Are you feeling brave? Sick of the bad hair days? Go bald for charity!

## I: Ironing

Give someone a break from the chores. Offer your ironing services - at a cost of course for charity.

## J: Jumping Jack Competition

Incorporate your midnight walk training with you're fundraising. Take on a jumping jack challenge and get sponsored for every 10 you do!

## K: Knitathon

Go crazy with knitting! Why not hold a knitathon, get a group together and get sponsored for knitting for 24hrs. Or why not knit lots of lovely scarfs, hats and gloves and sell them for charity.

## THE A-Z OF FUNDRAISING IDEAS!



## L: Left Handed Day

Feeling up for a challenge? Try doing everything with your left hand for the day. The longer you manage, the more money you could raise!

## M: Malteser Challenge

How long can you balance a malteser in the air using only the power of your mouth?! Get donations for every 10 secs you manage.

## N: Nineties dance party

Get down and dance like it's 1990. Invite all your friends over to relive the 90's.

## O: Outward Bound

Put your training to good use and try an extra long walk, or maybe a run, swim, cycle, hiking or camping trip. Brave the great outdoors, and find some sponsors